

WHAT IS THE LOCKDOWN DOING FOR OUR DOGS.

CANINE HAVEN DOG RESCUE - JANUARY 2021 EDITION



How pets will suffer when lock down is lifted

How you can help them now to prepare for the future.

We know, all of us are in this ship that feels like it's often sinking. Some of us are out of work and are confined fully at home with the added stress of how to make those mortgage or rent payments. Some of us are working completely from home, while others are essential workers and out of the house as per usual. Many of us are working from home and home schooling kids who are rowdy and high energy and somewhere, back in the corner of the home sits our fur friend pet, our dog. Perhaps the novelty of having us home all the time has worn off for our dogs. Perhaps they have become velcro dogs and follow us everywhere now, and if they aren't following us, they are sitting across on their doggie bed staring at us the whole day. Stalker much? Whatever is your case, one thing is certain, if we don't act now on proper and responsible steps to maintain our dogs 'old normal', than we can expect to be paying some hefty training bills if the separation anxiety sets in.

To avoid **separation Anxiety** in our dogs its vital we don't take them with us on every walk we take, in fact, although you can't go to stores or to your office, you can go for walks and perhaps its best to leave them at home occasionally, also good is to teach them to go into their crate even when you are home, lock it and let them learn to be in crate and not constantly have you in their view. Even if this feels "hard" to do, remember long term, you are actually helping your dog thrive. If your dog is anything like my dog, she 100% is getting sick of seeing my daughter -- you can tell when she just wants to go relax and not hear the sound of our TV!

TIP: Especially if you have been staying home much of the time and rarely leaving the house, departure cues like lacing up shoes, picking up a wallet or handbag, or jingling car keys send pets the message loud and clear that we plan to leave. When you are stuck at home, pick up your keys now and then. Get dressed in your running shoes or work shoes even if you are not going anywhere. Then stay home and watch a movie or cook dinner. Try to avoid pairing specific actions and activities with infrequently leaving home. The goal is to prevent creating a link in the pet's mind between departure cues and feelings of anxiety about being alone.

We have all felt the wrath of not spending time with friends and socializing. However, what about our fur friends, **lack of socialization** with not only humans outside their household but also with their fur companions can also lead to behaviors our dogs never displayed before, such as aggression towards other dogs, guarding their humans & home, nervous and apprehensive when meeting new dogs or people, over excited and reactive on leash. Either way, socializing is one of the most responsible ways to train a dog, any dog!

TIPS:

Build your dog community. Know the dogs in your hood, get to know the owner, when you walk by a dog who is friendly, let the dogs sniff each other out. Dog parks aren't the only way to let loose, find a big patch of green space where you and a community dog person can go to let the dogs play it out. Even if its only the same 3 dogs they see - its still keeping them in tune with their dog language.

Sit outside with your dog, let them have exposure to the noises, people, cars, and by all means, if a dog friendly person comes by and wants to show some love to your dog, let them!! They need to be exposed to much more people than you, and the best way to avoid them guarding you is by staying familiar with people allowed around your body space, with a measure of distancing of course!



Meet our newest rescues....

HAPPY NEW YEAR

Kicking 2021 off to a success for
these USA pups!



We had 8 new dogs arrive safely into their foster homes this month!! Keep your eyes out for our next batch of rescue dogs in need of forever homes - coming within the next few weeks!!

2020

**Canine Haven Rescue found
homes for 146 dogs!!!**

**Dogs that otherwise would be
starving, on the streets or
euthanized by now!!**

WOW

**THANKS TO ALL OUR
VOLUNTEERS,
ADOPTERS/FOSTERS
AND DONORS!!**